



Grace Giedgowd, PhD

Psychology

Grace Giedgowd, Ph.D., is a Licensed Clinical Psychologist at AHN. Dr. Giedgowd provides outpatient, evidenced-based psychotherapy for adults with a variety of concerns, including anxiety disorders, OCD, and stress. Her practice emphasizes a cognitive-behavioral approach, including exposure-based interventions.

Dr. Giedgowd earned her doctorate degree at the University of Illinois Chicago, and completed her pre-doctoral internship at the University of Wisconsin-Madison Department of Psychiatry.

Locations

AGH Psychiatric Associates

Four Allegheny Center

4 Allegheny Center
8th Floor
Pittsburgh, PA 15212
Tel: 412.330.4000
Fax: 412.330.4366

Credentials | Training & Certifications

School

University of Illinois at Chicago

Expertise

Cognitive Behavioral Therapy
Anxiety Disorders
Depression
Dialectical Behavior Therapy
Dysthymia

LGBTQ Friendly Care
OCD (Obsessive-Compulsive and Related Disorders)
Panic Disorder
Post-Traumatic Stress Disorder