



Matthew Iwaniec

Psychology

Dr. Iwaniec works with a multidisciplinary medical team to deliver inpatient and outpatient behavioral health services to patients and caregivers at AHN. He specializes in assessing and treating emotional distress associated with chronic and acute physical illnesses and also treats depression, anxiety, panic, adjustment disorders, acute stress disorders, OCD, and PTSD. He performs psycho-diagnostic assessments, psychotherapeutic interventions, neurocognitive screens, capacity evaluations, and pre-surgical psychological evaluations.

He is experienced at providing cognitive behavior therapy (CBT), motivational interviewing (MI), and acceptance and commitment therapy (ACT), and mindfulness intervention and training. His special clinical interests are stress, mood disorders, and anxiety related to acute and chronic medical illness. He speaks English.

Locations

AGH Neuropsych Testing

West Penn Hospital

4815 Liberty Ave
Suite 322
Pittsburgh, PA 15224
Tel: 412.578.4484
Fax: 412.578.3536

Credentials | Training & Certifications

School

Indiana University of Pennsylvania

Expertise

Anxiety disorders
Cognitive Behavioral Therapy
Culturally Inclusive Care
Depression
Health Psychology
LGBTQ friendly care
Mood Disorders

Psychological Evaluations for Pre-Surgical Medical Intervention
Workup
Stress
Motivational Interviewing
Behavioral Medicine
Psychosocial Oncology
Acceptance and Commitment Therapy