



Melissa R Accardi, RD

Registered Dietitian

Melissa Accardi, MS, RD, LDN

Melissa is dedicated to promoting health through nutrition and lifestyle modifications. Melissa incorporates an integrative approach to nutrition care which views the entire person and respects overall health (mind, body, and soul) to target root causes of chronic conditions. The integrative approach is comprehensive and aims to establish evidence-based, personalized nutrition care plans that promote optimal health and vitality. Making long term diet and lifestyle changes that serve your individual needs can be challenging, but Melissa is able to meet you where you are and support you throughout your journey towards wellness.

Locations

The Center for Complementary & Integrative Health

AGH Suburban

100 S Jackson Ave
Pittsburgh, PA 15202

Tel: 412.359.8951

Fax: 412.734.7795

Expertise

Meal Planning

Nutrition

Weight Management

Integrative Nutrition

Gastrointestinal Disorders

Functional Digestive Disorders

Preventative Nutrition Counseling

& Wellness

Chronic Inflammatory Conditions

Cooking & Recipe Guidance

Dietary Supplements

Obesity

Cardiovascular Conditions & Heart

Health

Women's Health