



Shannon Donofry, PhD

Psychology

Shannon Donofry, PhD, is a psychologist with AHN Behavioral Health, specializing in health psychology. She treats psychological illnesses using various methods including cognitive behavioral therapy, mindfulness-based therapy, and behavioral medicine. Shannon's focus is on providing patients with treatment and support for obesity, weight management, and overall women's health with an emphasis on women in midlife and those diagnosed with cancer.

Shannon received her medical degree from University of Pittsburgh - Department of Psychology in Pittsburgh, Pennsylvania. She completed her residency in clinical psychology at VA Ann Arbor Healthcare System / University of Michigan in Ann Arbor, Michigan. She completed her fellowship in cardiovascular behavioral medicine at Western Psychiatric Hospital, University of Pittsburgh Medical Center, and University of Pittsburgh.

Shannon is licensed by the State Board of Psychology. She has

Locations

AGH Neuropsych Testing

Four Allegheny Center

4 Allegheny Center
8th Floor
Pittsburgh, PA 15212
Tel: 412.330.3000
Fax: 412.330.4366

Credentials | Training & Certifications

Residency

VA Ann Arbor Healthcare System

School

University of Pittsburgh

Expertise

Behavioral Medicine
Cognitive Behavioral Therapy
Psychosocial Oncology
Culturally Inclusive Care
Depression
Anxiety Disorders

Evidence-Based Brief Therapy
Mindfulness-Based Interventions
Eating and Weight Management
Health Behavior Change
Women's Health

received numerous awards and her research and work have been widely published. Shannon sees patients ages 13 and older. Patients can make an appointment with Shannon Donofry at Four Allegheny Center.