



Kathryn E McCarthy,
PhD

Psychiatry

Kathryn McCarthy, Ph.D. is a licensed psychologist specializing in obesity, weight management and health behavior change. Dr. McCarthy provides brief evidence-based interventions for food- and eating-related behaviors as well as general stress management and psychological adjustment. She conducts pre-surgical psychological evaluations to determine readiness for bariatric surgery, and provides follow-up care to patients struggling with weight regain or difficulties adjusting after surgery.

Dr. McCarthy received her doctoral degree in Clinical Psychology with a specialization in Behavioral Health from Alliant International University in San Diego, CA. She completed a pre-doctoral and post-doctoral fellowship at Allegheny General Hospital specializing in Behavioral Medicine and Integrated Care.

Dr. McCarthy is a member of the American Society for Metabolic and Bariatric Surgery, the American Psychological Association, the Society of Health Psychology, and

Locations

AGH Neuropsych Testing

Four Allegheny Center

4 Allegheny Center
8th Floor
Pittsburgh, PA 15212
Tel: 412.330.4000
Fax: 412.330.4366

Hempfield Health and Wellness Pavillion

6321 Route 30
2nd Floor
Greensburg, PA 15601
Tel: 412.235.5900
Fax: 412.235.5901

Forbes Hospital

2580 Haymaker Rd
Suite 304
Monroeville, PA 15146
Tel: 412.235.5900
Fax: 412.235.5901

Wexford Health + Wellness Pavilion

12311 Perry Hwy
1st Floor
Wexford, PA 15090
Tel: 878.332.4240
Fax: 878.332.4481

West Penn Hospital

Mellon Pavilion
4815 Liberty Ave
Suite 215
Pittsburgh, PA 15224
Tel: 412.235.5900
Fax: 412.235.5901

Credentials | Training & Certifications

Residency

Allegheny General Hospital

School

Alliant International University

Expertise

Psychology
Stress

Behavioral Medicine
Evidence-Based Brief Therapy

the National Register of Health
Service Psychologists.

Weight Management